

Reset Your Default

By Pastor Tara Richardson, Jul 26, 2026

1 Corinthians 10:11 & 12 *"Now all these things happened unto them for examples: and they are written for our admonition, upon whom the ends of the world are come. Wherefore let him that thinketh he standeth take heed lest he fall."*

May my life be an example of what not to do and then what to do.

My prayer is to have everyone go up another level in their faith and their walk with God

Living According to the Spirit

Key Scripture: Romans 8:5–8

"For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit." — *Romans 8:5 (NKJV)*

John Bevere often asks a powerful question:

"Do you want to hear a really good message, or do you want to hear a message that can change your life?"

That's a question worth asking ourselves.

God isn't simply interested in giving us information—He's after transformation. Living a Spirit-filled life, walking in both the fruit and the gifts of the Holy Spirit, requires us to continually allow Him to change us from the inside out.

It begins by resetting our default setting.

Every person has a default setting.

A computer has a default setting.

A thermostat has a default setting.

Your phone has default settings.

When pressure comes, they automatically return to what they've been programmed to do.

Christians have a default setting too.

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When sickness comes...

When offense comes...

When fear comes...

When lack comes...

What is your automatic response?

Is it fear or faith?

Is it worry or the Word?

Is it carnality or spirituality?

Your default setting determines whether you live according to the flesh or according to the Spirit. Ultimately, it affects the results you experience in life.

Paul reminds us:

"Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap." (*Galatians 6:7-9*)

Whatever we continually sow into our lives is what we will eventually reap. If we sow to the flesh, we'll naturally respond from the flesh. If we sow to the Spirit, we'll respond from the Spirit.

This isn't just about avoiding sin.

Jesus said,

"If any man will come after me, let him deny himself, and take up his cross, and follow me." (*Matthew 16:24*)

Following Christ means allowing our old way of thinking to die.

Self-will.

Pride.

Carnal thinking.

The love of the world.

The need for man's approval.

Personal rights and offenses.

Every ambition that competes with God's will.

As those things die, Christ's life becomes more evident in us.

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Paul says the carnal mind is hostile toward God (Romans 8:7). Carnality is more than sinful actions—it is thinking apart from God's Word.

A carnal mind naturally agrees with fear, doubt, worry, offense, self, and feelings.

A spiritual mind automatically agrees with God.

That is why renewing our minds is essential.

Romans 12:2 tells us to be transformed by the renewing of our minds. The Greek word for "transformed" is the same root from which we get *metamorphosis*—a complete inward change that produces an outward transformation.

How do we renew our minds?

- Through God's Word.
- By taking every thought captive.
- By putting off the old man and putting on the new.
- By setting our minds on things above.

The more we renew our minds with Scripture, the more our default setting begins to change.

Think about Jesus.

When taxes needed to be paid, His mind went to a miracle in a fish.

When He was betrayed, He still broke bread with Judas.

When He was crucified, He prayed, "Father, forgive them."

Jesus never allowed circumstances to determine His response. His mind continually agreed with the Father.

Pressure doesn't create what's inside us—it reveals what's already there.

As Lester Sumrall once said,

"Just because the gifts go through your life doesn't mean you are a spiritual person."

The gifts of the Spirit flowing through our lives don't reveal where we are spiritually.

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Pressure does.

When problems come, what comes out of you?

God desires for us to become so convinced of His faithfulness that our first response is always faith—not fear, peace—not panic, and His promises—not our circumstances.

As we continually renew our minds with God's Word, our default setting changes. Then, when life squeezes us, Christ comes out.

Reflection

- What is your default response when unexpected pressure comes?
- Are you allowing God's Word or the world's voices to shape your thinking?
- What area of your life needs to be reset today?